



MISSOURI DELTA

ADOLESCENT BEHAVIORAL HEALTH

800-455-4295

573-931-8500

Fax 573-931-8510

1008 North Main

Sikeston, MO 63801

In an effort to expedite the referral process, provided is a list of the information gathered prior to admission. Referrals will be discussed with the psychiatrist and you will receive a return call from the unit as soon as possible.

Questions or concerns regarding referrals? Please contact:

Cindy Dohogne, MSW, LCSW
Program Director, 573-472-7494
or mobile 573-225-9352

Sarah Garner

Community Education Manager
573-472-7222

Inquiry Information:

- Potential patient's name, address, age
- Presenting psychiatric behaviors
- Medical Conditions and current medications
- Recent labs (CBC, Chem-7, UA, drug screen, pregnancy test)
- Any prior mental health history
- Primary care physician and date last seen
- Who has Custodial Rights
- Insurance Information

Referral Card

Admission Criteria:

- Behaviors must pose risk and be a result of a psychiatric disorder
- Age 12-17
- Suicidal or homicidal ideations
- Aggressive/assaultive behavior
- Psychosis
- Self-harm behaviors (cutting, burning, hitting, swallowing poisonous/inappropriate objects and substances, etc.)



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Our Adolescent Behavioral Health Unit, located in Missouri Delta Medical Center, is a 15-bed acute adolescent behavioral health program accepting patients age 12-17.

Admissions are accepted 24-hours a day.

Frequently Asked Questions:

- **Are all Patients admitted through the Emergency Room?**

Direct admissions are accepted on a case-by-case basis. If a Chem-7, CBC, UA, drug screen and pregnancy test have been done already and patient appears stable, often times the patient will not need to go through the ER.

- **When are admissions accepted?**

24 hours-a day, 7 days-a week

- **What is the average length of stay?**

While length of stay varies, the average is 5-7 days.

- **How do I make a referral?**

Call our Adolescent Behavioral Health Unit at 573-931-8500 or 573-472-7494. Referrals can be made by anyone, including healthcare professionals and family members.