



here comes

baby

2020

Having a baby is an exciting time for parents. It can also be a time filled with many questions about labor and delivery, parenting and safety. Missouri Delta wants to help expecting parents by offering free classes on the following topics:

Prepared Childbirth Helps you and your partner be active participants in the birth of your baby. 1st Tuesday each month (*Jan 7, Feb 4, Mar 3, Apr 7, May 5, Jun 2, July 7, Aug 4, Sept 1, Oct 6, Nov 3, Dec 1*) | 6:30 PM | Coleman Room- Missouri Delta Medical Center
Taught by Women's Care Center Providers

Post Partum & Newborn Care Information on the characteristics of a newborn, specific baby care, making the transition from hospital to home, baby-proofing your home, proper car seat use and more. 2nd Tuesday each month (*Jan 14, Feb 11, Mar 10, Apr 14, May 12, Jun 9, July 14, Aug 11, Sept 8, Oct 13, Nov 10, Dec 8*) 6:30 PM
Coleman Room- Missouri Delta Medical Center
Taught by Maternal-Child Staff

Breastfeeding An introduction to breastfeeding, including how to get started and how to prevent problems. Followed by information to help parents maintain breastfeeding relationship when mom returns to work or school. 3rd Tuesday of each month (*Jan 21, Feb 18, Mar 17, Apr 21, May 19, June 16, July 21, Aug 18, Sept 15, Oct 20, Nov 17, Dec 15*) 6:30 PM | Coleman Room- Missouri Delta Medical Center
Taught by Melissa Kelley, RN, BSN, IBCLC, Lactation Consultant



Missouri Delta Medical Center Childbirth Education Class Registration

Name: _____ Age: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____ Your Due Date: _____

How many pregnancies? _____

Please return this form to your Obstetrician or the OB Floor at Missouri Delta Medical Center